



**Southern Track & Field Festival**  
**TRACK & FIELD INFORMATION**

**Note: All registered participant registration from the South East Sports Festival are transferable to this event.**

**EVENTS / EVENT**

Youth Division Events

50m Dash	Primary
100m Dash	All Divisions
200m Dash	All Divisions
400m Dash	All Divisions
800m Dash	All Divisions
1500m Run	Not offered for Primary
3000m Run	Not offered for Primary, Bantam
80m Hurdles	Midget only
100m Hurdles	Girls Youth and Older Only
100m Hurdles	Boys Youth Only
110m Hurdles	Boys Intermediate, Young Only
200m Hurdles	Midget Only
400m Hurdles	Intermediate, Young Only
4 x 100m Relay	All Divisions
4 x 400m Relay	Not offered for Primary
4 x 800m Relay	Not offered for Primary, Bantam
1500m Racewalk	Not offered for Primary, Bantam
Long Jump	All Divisions
Triple Jump	Youth, Intermediate, Young Only
High Jump	Not offered for Primary
Shot Put	All Divisions
Discus	Not offered for Primary, Bantam
Javelin	Not offered for Primary, Bantam
Pole Vault	Youth, Intermediate, Young Only

Women Divisions

80m Hurdles 60+ (27")  
 80m Hurdles 40-59 (30")  
 100m Hurdles 19-39 (33")  
 3000m Race Walk  
 3000m Run

800m Run  
100m Dash  
1500m Racewalk  
400m Dash  
1500m Run  
200m Dash  
High Jump  
Pole Vault  
Long Jump  
Triple Jump  
Shot Put  
Discus  
Javelin

Men Divisions

80m Hurdles 80+ (27")  
80m Hurdles 70 - 79 (30")  
100m Hurdles 60-69 (33")  
100m Hurdles 50-59 (36")  
110m Hurdles 30-49 (39")  
110m Hurdles 19-29 (42")  
3000m Race Walk  
3000m Run  
800m Run  
100m Dash  
1500m Racewalk  
400m Dash  
1500m Run  
200m Dash  
High Jump  
Pole Vault  
Long Jump  
Triple Jump  
Shot Put  
Discus  
Javelin

**DATES**

Saturday, July 31 – Sunday, August 1, 2010

**Track Site:**

Melbourne Central Catholic High School,  
100 East Florida Ave, Melbourne, FL 32905

**SCHEDULE (All events will be contested on a rolling schedule)**

Friday

7:30 p.m. – 9 p.m. Coaches Meeting / Packet Pick-up  
Host Hotel ~ Quality Inn Palm Bay (Rate \$55 @ night)  
1881 NE Palm Bay Blvd  
Melbourne, FL 32905  
352-895-6396  
Contact: Jacques Raphae

## Saturday

7:30 a.m.

Check-in

8:00 a.m. **Field Events**

Long Jump ~ All (Boys Primary → Master Men)

Long Jump ~ All (Girls Primary → Master Women)

Shot Put ~ All (Boys Primary → Master Men)

Shot Put ~ All (Girls Primary → Master Women)

Discus ~ Men's Master, Women Master, Men Open, Women Open

Javelin ~ All (Masters → Youth)

High Jump ~ Men's Master, Men Open

High Jump ~ Women's Masters, Women Open

Pole Vault ~ All Women Master → Youth Girls, Men's Master → Boys Youth

8:00 a.m. **Running Events**

3000 Meters Run Final

3000 Meters Race Walk Final All (eligible groups)

80 Meters Hurdles Semi-Final All (eligible groups)

100 Meters Hurdles Semi-Final All (eligible groups)

110 Meters Hurdles Semi-Final All (eligible groups)

400 Meters Hurdles Final All (eligible groups)

200 Meters Hurdles Final All (eligible groups)

50 Meters Semi (Primary)

100 Meter Semi All

1500 Meter Race Walk Final All (eligible groups)

4X100 Meter All Youth Divisions

400 Meter Dash Semi-Final All

800 Meter Dash Final All

200 Meter Dash Semi-Final All

## Sunday

7:30 a.m.

Check-In

8:00 a.m.

Triple Jump ~ All (Youth Boys → Master Men)

Long Jump ~ All (Youth Girls → Master Women)

Discus ~ Midget → Young

High Jump Bantam Boys → Young Men

High Jump Bantam Girls → Young Women

8:00 a.m. **Running Events**

1500 Meter Run Final All

4 x 800 Meter Relay Final

4 x 100 Meter Relay Final

80 Meters Hurdles Final

100 Meters Hurdles Final

110 Meters Hurdles Final

200 Meters Hurdles Final

100 Meters Dash Final

400 Meters Dash Final

200 Meters Dash Final

4 x 400 Meters Relay Final

## **ENTRY REQUIREMENTS**

1. **Entry fee is \$20 per participant for youth entries.** NO refunds.
2. **Entry fee is \$10 per participant event for open/masters entries.**
3. All youth divisions are limited to three events per athlete, including relays for Midget and younger. Limit of four events per athlete, including relays for Youth and older.

4. It is the responsibility of the applicant to confirm their registration by visiting **www.Coacho.com** or calling STFF Host, Global Track and Field, toll-free 352-8956396.
5. Any changes that are not a clerical error on the part of the Florida Sports Foundation, will be subject to a \$5 per athlete per occurrence change fee. **NO** changes will be allowed after July 30, 2010.
6. Each applicant must complete an Individual Entry Form and Waiver of Liability and submit them by the entry deadline or register online at **www.Coacho.com**. All relay teams must submit Individual Entry Forms together with a Relay Team Declaration Form found below. Online registration will be powered by Coach O.
7. Register online at **www.Goglobaltrack.org** by July 28, 2010. No late entries will be accepted.
8. Athletes running as part of a club or team should note their team/club name on the entry form. Athletes not running as part of a club or team should indicate by noting "Unattached".
9. Athletes must have a copy of their birth certificate or valid ID with them in case of protest.
10. Any athlete registering for more than the number of events allowed, will not have their last event(s) recorded in the HY-TEK database.
11. Any BIB number identified as competing in an event not defined in the HY-TEK database, will not be recorded as a valid performance.
12. Membership is **not** required. All qualified State Games athletes are welcome.
13. Coaches credentials will be limited to one per 10 athletes registered with a maximum of three for each club.

#### **FORMAT**

1. The following youth age groups will be offered:  
Primary (Born 2002 or after); Bantam (Born 2000-2001); Midget (Born 1998-1999); Youth (Born 1998-1997); Intermediate (Born 1994-1995); Young (Born 1992-1993)
2. All USATF age divisions for Open / Masters athletes will be offered.
3. Open / Masters athlete age will be determined as of 8/1/2010.
4. All Open and Masters running events will be timed finals except for the 100m, which will be run as trial and finals.
5. All Youth running events under 800m will be run as trials and finals. Trials will be run as finals for events with 8 or less participants.
6. Running events will be contested on a rolling schedule in the order listed.
7. Divisions may be combined to make one Heat or Flight based on participation.
8. Open and Masters divisions will be run oldest to youngest and women before men.
9. Gold, Silver and Bronze medals will be awarded to the top three finishers in each division.

#### **SPORT RULES**

1. This event will be conducted in accordance to USATF rules except as modified herein.
2. In case of inclement weather, event officials reserve the right to adjust or roll the schedule.
3. Maximum spike length allowed on the track is 1/8 inch. Only blocks supplied by the facility will be permitted.
4. All athletes are responsible for bringing their own implements to the meet. Implements must be turned in for weigh-in and inspection at least one hour prior to competition.

#### **MEET DIRECTOR**

Global Track & Field Association, Jacques Raphael