

FLORIDA'S SUNSHINE STATE GAMES TRACK AND FIELD CHAMPIONSHIPS



DATES

Saturday ~ June 13, 2009

SITE

National Training Center

1099 Citrus Tower Blvd
Clermont, Florida 34711

SCHEDULE (All events will be contested on a rolling schedule)

7:00 a.m. Check-in

Field Events

8:00 a.m.

Long Jump Men's and Women's Open/Masters

- Boys and Girls Primary
- Boys and Girls Sub/Bantam
- Boys and Girls Sub/Midget
- Boys and Girls Sub/Youth
- Boys and Girls Intermediate
- Boys and Girls Young

Shot Put Boys and Girls Primary

- Boys and Girls Primary
- Boys and Girls Sub/Bantam
- Boys and Girls Sub/Midget
- Boys and Girls Sub/Youth
- Boys and Girls Intermediate
- Boys and Girls Young
- Men's and Women's Open/Masters (19-74)

Discus Boys and Girls Midget

- Boys and Girls Sub/Bantam
- Boys and Girls Sub/Midget
- Boys and Girls Sub/Youth
- Men's Open/Masters (19-74)
- Women's Open/Masters (19-74)

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Boys and Girls Intermediate

Boys and Girls Young

Javelin Boys and Girls Young

Men's and Women's Open/Masters (19-74)

Boys and Girls Young

Boys and Girls Intermediate

Boys and Girls Sub/Youth

High Jump Men's and Women's Open/Masters (19-74)

Boys and Girls Sub/Bantam

Boys and Girls Midget

Boys and Girls Sub/Youth

Boys and Girls Intermediate

Boys and Girls Young

Pole Vault All Women Open/Masters (19-69)

All Men Open/Masters (19-69)

Girls Young, Intermediate, Sub/Youth

Boys Young, Intermediate, Sub/Youth

Triple Jump (Will Start After Long Jump)

Boys and Girls Sub/Youth

Boys and Girls Intermediate

Boys and Girls Young

Men's and Women's Open/Masters (19-54)

Running Events

7:30 a.m.

3000 Meter Run Final (Md, Yt, I, Y, 19-74)

4 x 800 Meter Relay Final (Md, Yt,I,)

100 Meter Semi-Final (Prim, B, Md, Yt, I, Y, 19-74)

1500 Meter Race Walk Final (B, Md, Yt, I, Y, 19-74)

1500 Meter Run Final (B, Md, Yt, I, Y, 19-74)

200 Meter Dash Final (Prim, B, Md, Yt, I, Y, 19-74)

400 Meter Hurdles Final (I,Y, 19-34))

200 Meter Hurdles Final (Yt,

400 Meter Dash Final (Prim, B, Md, Yt, I, Y, 19-74)

4 x 100 Meter Relay Final (B, Md, Yt, I, Y,

800 Meter Dash Final (Prim, B, Md, Yt, I, Y, 19-74)

80 Meter Hurdles Final (Md, 40 – 74)

100 Meter Hurdles Final (Prim, B, Md, Yt, IG,YW, 19-69)

110 Meter Hurdles Final (IB, YM, 19-49)

100 Meter Dash Final (Prim, B, Md, Yt, I, Y, 19-74)

4 x 400 Meter Relay Final. (B, Md, Yt, I,Y)

FORMAT

1. The following youth age groups will be offered: Primary (Born 2001 or after); SubBantam (Born 2000; Bantam;(Born 1999); SubMidget (Born 1998); Midget (Born 1997); SubYouth (Born1996); Youth (Born1995); Intermediate (Born1993-1994); Young (Born1991-1992)
2. All USATF age divisions for Open / Masters athletes will be offered.
3. Open / Masters athlete age will be determined as of 6/13/2009.

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4. ALL running events will be a time final except 100M dash. Trials will be run as finals for events with 8 or less participants.
5. Running events will be contested on a rolling schedule in the order listed.
6. Divisions may be combined to make one Heat or Flight based on participation.
7. Open and Masters divisions will be run oldest to youngest and women before men.
8. Gold, Silver and Bronze medals will be awarded to the top three finishers in each division.

SPORT RULES

1. This event will be conducted in accordance to USATF rules except as modified herein.
2. In case of inclement weather, event officials reserve the right to adjust the schedule. For updates on schedule changes, please contact Global Track and Field at 352-895-6396.
3. Maximum spike length allowed on the track is 1/8 inch. Blocks supplied by the facility are permitted.
4. All athletes are responsible for bringing their own implements to the meet. Implements must be turned in for weigh-in and inspection at least one hour before competition.

Registration

Will be available at "www.coacho.com" on 4/7/2009

Fee

\$15.00 for youth division

\$20.00 for Open/Masters

MEET DIRECTOR

Global Track & Field Association

VENUE DIRECTIONS –

From I-4

Take I-4 to US 27 North. Turn right at highway 50 (East bound). Turn Left and Citrus Tower and NTC will be visible on your right.